

# Newborn

PREP GUIDE

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JOANNA ANDRES PHOTOGRAPHY



# preparing for your session



*Hello!*

Congratulations on your new baby! Thank you for choosing me to capture your new bundle of joy. Newborn photography has always been my passion and I am so excited to capture this special time for you. As a Mom of two children, I understand how overwhelming those first few days can be with a new baby, so I created this informational guide to help you prepare for our session together.

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## *Directions*

My at-home studio is located at 1996 Scioto Pointe Drive, Columbus, OH 43221. It is located off Riverside Drive, just South of Lane Avenue and North of 5th Avenue.



There are two entrances to my community. I highly recommend that you enter through the main entrance, as the second entrance is unmarked, and most people will miss it. The main entrance is off Riverside Drive across from Waltham. You will see a large clock tower that says Scioto Pointe at the front of the community. Gates to the community are motion activated and will open away from your car when entering and toward your car when you leave. The second entrance is off Trabue Road, right before Riverside Drive. The road is unmarked.



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## *Additional Instructions*

Please park your car on the street near my front door, not in the driveway. This will give you quick access into the studio, which is in my basement.

# preparing for your session



## *What to expect*

I may spend 2 to 3 hours photographing your baby. I allow enough time for your baby to eat, for me to clean up messes and settle your baby if needed. It also accounts for changing setups for different poses.

The studio will be very warm. The temperature can range from 78 to 80 degrees, so you will want to dress appropriately. Keeping the studio warm helps babies fall into a deep sleep, allowing me to pose them and undress them without them getting unsettled or cold.



## *What to do before your session*

- Feed baby right before you leave for the session. Allow yourself enough time to feed (i.e. if baby will nurse for 10 minutes on each side then plan accordingly). You are welcome to feed baby whenever needed during the session. Newborns tend to fall asleep right after a full feeding. If you are breast feeding, feel free to bring a pumped bottle, I can always feed baby in-between poses if needed. If you are not breastfeeding, please bring formula.
- Bring plenty of wipes and diapers as we will be changing the baby several times during the session.
- Trim their nails. When they are born, their nails are razor sharp and they are likely to scratch their faces. Trimming nails and/or putting the newborn mittens on baby will help them to not scratch their face.
- Please dress baby in a zip up sleeper without a onesie underneath, as it's easiest to take off and less disturbing to your baby. Also, please put the baby's diaper on very loosely before the session to avoid any marks.
- Grab a pacifier even if you do not plan on letting your baby use one. Pacifiers help soothe babies. When I change poses the pacifier will help with the transition.





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## *For Mom & Dad*

Getting your photo taken with your newborn is so important, as we can capture how little they are and that connection that you have with your baby. Please wear a neutral colored top - avoid any bold prints, colors and patterns.

Feel free to bring snacks for yourself. The session can last 2-3 hours, and if you are breastfeeding you might get a little hungry, as you are burning more calories than normal.

Most of the session, you will be able to relax on the couch in my studio. You may feel the need to comfort your baby when he/she seems unsettled or starts crying, but please refrain from reacting. Babies can sense your feelings, so please try to relax during your session as I have found when parents are relaxed, baby is relaxed too.



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## *For Siblings*

Please let me know ahead of time if siblings plan on being photographed with your newborn so that I can plan your session accordingly. Please dress your child in neutral clothing that is fitted.

I ask that siblings be brought separately as it's very difficult for them to sit through a 2-3 hour session in 80 degrees. Most of my clients will have Dad or a grandparent take the sibling to Tree of Life Play & Cafe in Hilliard after we have taken the sibling and/or family shot. It's a great place for kids to play, and they have snacks and lunch.



# Thank You



I want you to come away from this session with a pleasant experience and images you will cherish forever. Thank you for trusting me to capture one of the most wonderful moments in your life.

Should you have any questions at all, please do not hesitate to contact me at 614-306-4306.

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